

Repaying Consumer Debt and Increasing Savings After Retirement

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- Voluntary retirement savings schemes have been becoming more and more important
- The question whether or not individuals plan properly and save enough for retirement is still debated

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- ② Love et al. (2009); Poterba et al. (2011a,b) document that wealth is stationary or increases after retirement
 - ★ DeNardi et al. (2010); Jones et al. (2018); Ameriks et al. (2016); Laitner et al. (2018) explain this with longevity and medical expense risk

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- We estimate the changes in consumer debt and liquid savings from individuals transitioning to retirement (individual fixed effects regressions)
- ★ Look at intersection of the two puzzles
- ★ Other papers on changes in households' balance sheets around retirement: Addoum (2016) analyses portfolio choice around retirement and Agarwal et al. (2009) look at financial mistakes over the life-cycle

The financial aggregation app: overview

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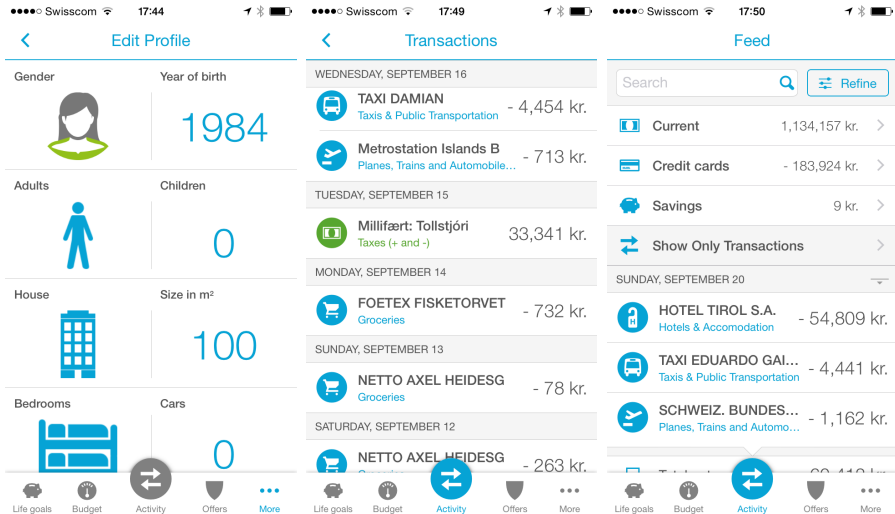
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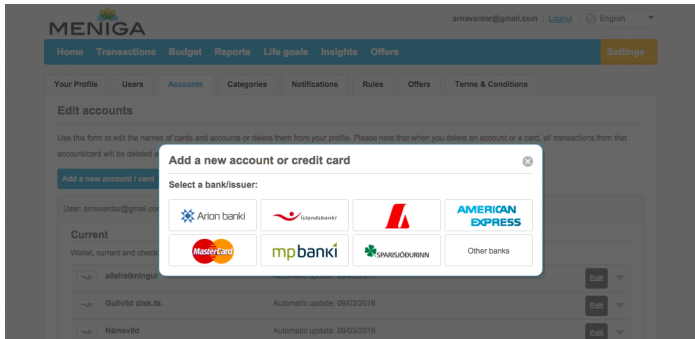
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- We observe the years 2011 to 2017 with $\sim 12K$ of individuals transitioning into retirement

The financial aggregation app: screenshots



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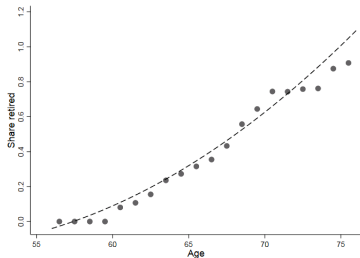
Icelandic pension system

- Public pension: means-tested minimum income
- Defined benefit/contribution: fully annuitized pension income (cutoff ages are 60, 65, and 67)
- Private pension savings: IRA (cutoff age is 60)

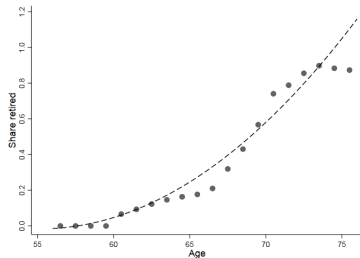
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Share of individuals retired by age



Men



Women

Monthly income and personal finances

	Eligible but not retired		Retired	
	Mean	St.dev.	Mean	St.dev.
Age:	64.2	3.6	71.2	5.8
Income:				
Pensions	74	1,063	1,899	1,869
Personal finances:				
Overdraft indicator	0.46	0.50	0.38	0.49
# Overdrafts	0.52	0.65	0.46	0.67
Overdraft interest	24	66	17	56
Late fees	6	36	5	31
Interest income indicator	0.32	0.47	0.53	0.50
Interest income	45	724	79	609
Liquidity (in days of average spending)	180	152	201	330

The effect of retirement on household behavior

We run the following regression:

$$Y_{it} = \beta \text{Retired}_{it} + \gamma_{mby} + \eta_i + \mu \text{HHInc}_{it} + \varepsilon_{it}$$

- γ_{mby} is a month-by-year fixed effect and η_i is an individual fixed effect
- Retired_{it} is an indicator equal to 1 if the individual is retired in month t
- HHInc_{it} is the total income of the individual i or household that individual belongs to
- β measures the effect of the onset of retirement on consumer debt and liquid savings

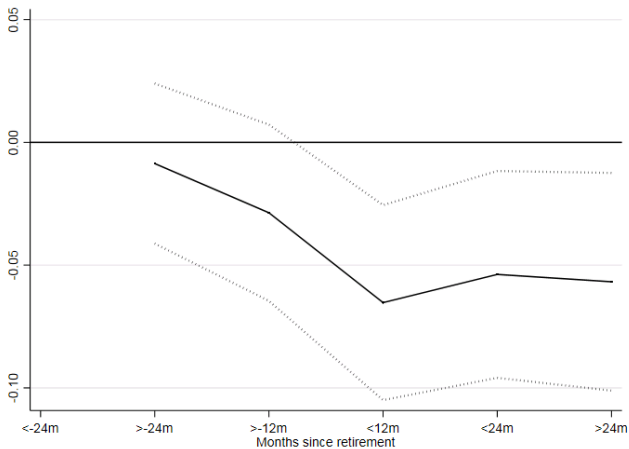
Empirical findings: personal finances

	Overdraft indicator	# overdrafts	Overdraft interest	Late fees	Interest income indicator	Interest income	Credit lines
<i>Without controlling for income:</i>							
Retired	-0.044*** (0.016)	-0.043** (0.021)	-0.549*** (0.133)	-0.249*** (0.081)	0.036** (0.016)	0.281*** (0.098)	-0.060 (0.080)
<i>Controlling for income:</i>							
Retired	-0.045*** (0.016)	-0.045** (0.021)	-0.561*** (0.133)	-0.284*** (0.081)	0.021 (0.016)	0.281*** (0.098)	-0.058 (0.080)
Individual FE	✓	✓	✓	✓	✓	✓	✓
Month-by-year FE	✓	✓	✓	✓	✓	✓	✓

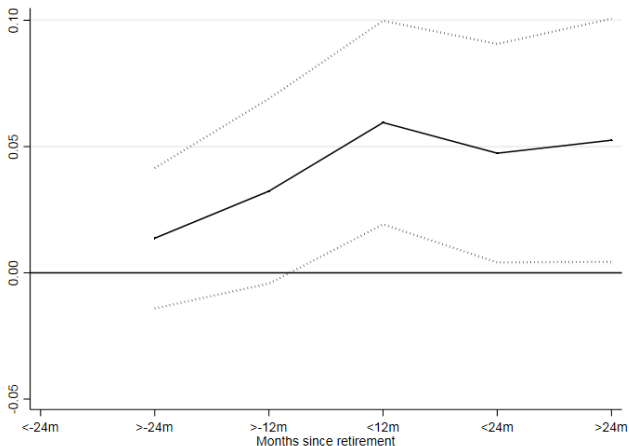
Empirical findings: personal finances dynamics

	Overdraft indicator	# overdrafts	Overdraft interest	Late fees	Interest income indicator	Interest income	Credit lines
<i>Retired for (months):</i>							
<i>Without controlling for income:</i>							
< 12	-0.050*** (0.016)	-0.049** (0.020)	-0.577*** (0.134)	-0.263*** (0.084)	0.042*** (0.015)	0.487*** (0.098)	-0.048 (0.081)
12 > < 24	-0.037** (0.018)	-0.031 (0.024)	-0.468*** (0.155)	-0.149 (0.099)	0.029 (0.019)	0.296*** (0.108)	-0.134 (0.108)
> 24	-0.039** (0.020)	-0.043 (0.028)	-0.574*** (0.166)	-0.319*** (0.104)	0.033 (0.023)	-0.047 (0.115)	-0.020 (0.152)
<i>Controlling for income:</i>							
< 12	-0.051*** (0.016)	-0.051** (0.020)	-0.590*** (0.134)	-0.300*** (0.084)	0.020 (0.015)	0.487*** (0.098)	-0.047 (0.081)
12 > < 24	-0.038** (0.018)	-0.032 (0.024)	-0.480*** (0.155)	-0.182* (0.099)	0.013 (0.018)	0.296*** (0.108)	-0.133 (0.109)
> 24	-0.041** (0.020)	-0.044 (0.028)	-0.587*** (0.166)	-0.355*** (0.104)	0.029 (0.022)	-0.047 (0.115)	-0.018 (0.152)

Empirical findings: overdraft interest indicator event study



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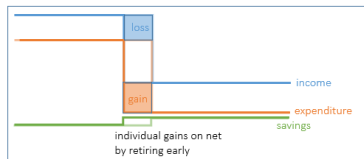
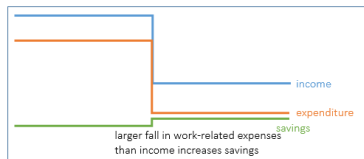
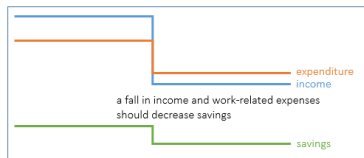
Empirical findings: personal finances

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- We find the same patterns in CEX and SCF data
- We find the same patterns in individual-level data from the PSID and HRS
- Using spending data alone, even for very fine categories (bakeries, fine dining, restaurant visits, ...) we cannot conclusively tell whether expenses are work-related or not

Personal finances: theoretical explanations



Either the agent experiences systematic surprises that increase savings (while consumption drops for other reasons), or any explanation has to:

- 1 increase the drop in consumption beyond the drop in income
- 2 explain why the agent would not have retired early

Personal finances: potential explanations

- ★ Work-related expenses? People should retire early but we do not see retiring at the thresholds

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- Credit constraints? No decrease in limits at retirement

Potential behavioral explanations

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- Maybe individuals correct their overconsumption and debt problems once they find themselves retired?

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- Individuals cannot plan for retirement because they are busy working as in Haider and Stephens (2007) or Huang and Caliendo (2011)
- Maybe individuals correct their overconsumption and debt problems once they find themselves retired?
- To explain this behavior the degree of present bias has to change at retirement (may capture entire classes of models generating a change of preferences or planning around retirement)

Behavioral theoretical explanations

- Hyperbolic discounting parameter may change at retirement

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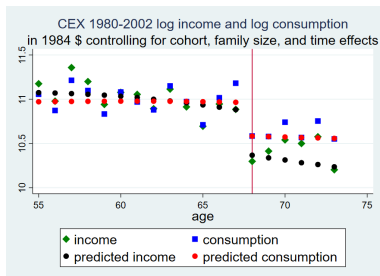
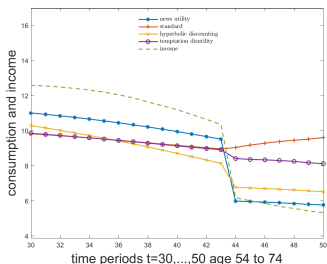
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Behavioral theoretical explanations

- Hyperbolic discounting parameter may change at retirement
- Expectations-based reference-dependent preferences predict that individuals have more problems with overconsumption before retirement than after retirement
- Intuition:
 - When income is uncertain, individuals overconsume because they like to surprise themselves with additional present consumption
 - When income is certain, as it is after retirement, overspending results in a sure loss in future spending

Behavioral theoretical explanations

Life-cycle profiles of consumption for different preference specifications (with the degree of patience changing at retirement) and CEX data



Behavioral theoretical explanations

	Standard agent	News-utility agent	Hyperbolic agent	Tempted agent
<i>Consumption regressions:</i>				
Retired	0.06*** (22.67)	-0.38*** (-94.40)	-0.14*** (-44.76)	-0.004*** (-1.42)
<i>Savings regressions:</i>				
Retired	-0.006*** (-21.93)	0.052*** (86.56)	0.016*** (44.61)	-0.0004*** (-1.37)
Total HH income	✓	✓	✓	✓

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 - This response is very difficult to explain in a model of rational planning
- We can look at the leading explanations of the retirement puzzles but they do not necessarily explain our findings
- We cannot "retire the consumption puzzles" just yet

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